



SONIC TENSION METER BELT MASS CONSTANTS

Adjusted mass constants are for standard stock belts only. Non-standard belt constructions may yield inaccurate results and may require special adjusted mass constants or special calibration procedures.

Units are grams/meter per mm of width.

Poly Chain® GT® Carbon™ (all Poly Chain)

| | |
|-------------------|-----|
| 5MGT (5mm)..... | 3.0 |
| 8MGT (8mm)..... | 4.7 |
| 14MGT (14mm)..... | 7.9 |

PowerGrip® GT®2, GT®3 and TruMotion®

| | |
|----------------------|------|
| 2MGT (2mm)..... | 1.4 |
| 3MGT (3mm)..... | 2.8 |
| 5MGT (5mm)..... | 4.1 |
| 8MGT (8mm)..... | 5.8 |
| 14MGT (14mm)..... | 9.7 |
| Twin Power® 3MR | 2.8 |
| Twin Power® 5MR | 4.1 |
| Twin Power® 8MGT ... | 6.9 |
| Twin Power® 14MGT | 11.4 |

PowerGrip® HTD® and TruMotion®

| | |
|----------------------|------|
| 3M (3mm) | 2.4 |
| 5M (5mm) | 3.9 |
| 8M (8mm) | 6.2 |
| 14M (14mm) | 9.9 |
| 20M (20mm) | 12.8 |
| Twin Power® 3M | 2.7 |
| Twin Power® 5M | 4.6 |

PowerGrip® Timing and TruMotion®

| | |
|----------------------|------|
| MXL (0.080") | 1.3 |
| XL (0.200") | 2.4 |
| L (0.375") | 3.2 |
| H (0.500") | 3.9 |
| XH (0.875") | 11.3 |
| XXH (1.25") | 14.9 |
| Twin Power® XL | 1.9 |
| Twin Power® L | 3.2 |
| Twin Power® H | 4.6 |

Gates Mectrol® Long Length (Steel)

| | |
|----------------|------|
| XL | 2.1 |
| L | 3.5 |
| H | 3.9 |
| H-HF | 4.2 |
| XH | 10.5 |
| T5 | 2.2 |
| AT5 | 3.2 |
| ATL5 | 3.6 |
| T10 | 4.3 |
| T10-HF | 4.6 |
| AT10 | 5.6 |
| ATL10 | 6.7 |
| ATL10-HF | 6.9 |
| T20 | 7.3 |
| AT20 | 9.9 |
| ATL20 | 10.8 |
| HTD5 | 4.1 |
| HTD8 | 5.9 |
| HTD14 | 10.7 |
| HTDL14 | 12.3 |
| STD5 | 3.9 |
| STD8 | 5.1 |

Gates Mectrol® Long Length (Aramid)

| | |
|-------------|-----|
| XL | 1.9 |
| L | 3.0 |
| H | 3.2 |
| WH | 3.3 |
| XH | 9.1 |
| T5 | 2.0 |
| AT5 | 2.7 |
| T10 | 3.6 |
| WT10 | 3.9 |
| AT10 | 4.2 |
| T20 | 5.9 |
| AT20 | 7.3 |
| HTD8 | 4.7 |
| HTD14 | 8.4 |
| STD5 | 2.9 |
| STD8 | 4.3 |

For a single V-belt, enter 1 rib/strand. When measuring a PowerBand® (multiple) rib/strand belt, enter the number of ribs/strands per belt.

Units are grams/meter per rib or strand.

| Super HC® | |
|-------------------------------|-----|
| SPZ | 72 |
| SPA | 116 |
| SPB | 186 |
| SPC | 339 |
| 3V | 72 |
| 5V | 200 |
| 8V | 510 |
| 3VX | 53 |
| 5VX | 140 |
| 8VX | 383 |
| Super HC® PowerBand® | |
| SPB | 244 |
| SPC | 378 |
| 3V | 96 |
| 5V | 241 |
| 8V | 579 |
| 3VX | 65 |
| 5VX | 157 |
| Predator® Singles | |
| SPBP | 208 |
| SPCP | 377 |
| 5VP | 198 |
| 8VP | 513 |
| AP | 114 |
| BP | 174 |
| CP | 324 |
| Predator® PowerBand® | |
| SPBP | 266 |
| SPCP | 377 |
| 9JP | 93 |
| 15JP | 246 |
| 3VP | 89 |
| 5VP | 217 |
| 8VP | 528 |
| BP | 212 |
| CP | 332 |
| Hi-Power® II | |
| Z | 61 |
| A | 96 |
| B | 168 |
| C | 276 |
| D | 554 |
| E | 799 |
| Hi-Power® II Powerband | |
| A | 151 |
| B | 200 |
| C | 342 |
| D | 663 |

| Tri-Power® | |
|---------------------------------|-----|
| AX | 79 |
| BX | 136 |
| CX | 216 |
| Hi-Power® II Dubl-V | |
| AA | 125 |
| BB | 194 |
| CC | 354 |
| DD | 750 |
| Quad-Power® III | |
| XPZ | 52 |
| XPA | 80 |
| XPB | 127 |
| XPC | 245 |
| Quad-Power® II Powerband | |
| XPZ | 92 |
| XPA | 145 |
| XPB | 228 |
| Micro-V® | |
| H | 5 |
| J | 10 |
| K | 18 |
| L | 36 |
| M | 95 |
| Truflex® | |
| 2L | 22 |
| 3L | 44 |
| 4L | 77 |
| 5L | 125 |
| PowerRated® | |
| 67 (3L) | 52 |
| 68 (4L) | 83 |
| 69 (5L) | 138 |
| Polyflex® | |
| 3M | 4 |
| 5M | 10 |
| 7M | 24 |
| 11M | 49 |
| Polyflex® JB® | |
| 3M | 5 |
| 5M | 11 |
| 7M | 30 |
| 11M | 64 |



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